

Lake Benton School
Fitness Center Policies

Hours and Operation:

- Sunday through Saturday 5:00 a.m. – 10:00 p.m.
- If you attempt to access the fitness center a time other than this your card key will not work.

Age Requirement:

- 16 and over. Those in the age group of 16-17 need to be accompanied by a parent in order to utilize the facility.

Entry and Exit:

- Your electronic membership card will allow you access into the facility. Please enter at the south door. You will not be allowed to go into the hallway from the fitness center.
- You must not leave doors unlocked or open at any time. Keep your card with you at all times.
- If you lose your door entry card, please contact Steve Bennett immediately so your card can be inactivated.
- Your entrance and exit into the Fitness Center is electronically tracked by our automated computer system for your safety and protection. This is also what will be used to keep track of usage for insurance reimbursement.

Fees (**All must be prepaid**):

- \$25 / month per person
- \$40 / month per family
- There will be a \$30.00 fee for all checks returned by the banks.
- Your membership must be paid within 10 days of the due date or it will be deactivated.
- Please return your key FOB to the office when your membership has expired.

Payment Procedures:

- Pay via check or cash at the Lake Benton School District Office during normal business hours. You may also mail payment to LBS, 101 S. Garfield Street, Lake Benton, MN 56149

Membership Card:

- Your card will not work if you attempt to enter outside the stated "Hours of Operation" or if your membership fees have expired.
- Your card belongs to you. You are not permitted to share the card or allow others to enter that do not have a membership. **If it is determined you aided someone to utilize the center that has not paid a membership, you will lose your membership privileges without being given a refund.**

Transferability:

- Membership is not transferable to other persons.

Physician Awareness:

- By signing this form, you acknowledge that you have discussed an exercise program with your physician and have received permission to do so.

Medical Conditions:

- If you have a medical condition inhibiting you, you will take the precautions necessary and assume any or all risks.

Assumption of Risk:

- Exercise is voluntarily performed at your own risk.

Injuries:

- If you should incur an injury at the Lake Benton Fitness Center, you acknowledge that it is your responsibility to seek appropriate care.

Dress Code:

- Pants or shorts, socks, shoes, and t-shirts must be worn. No jeans or cut-off jeans are allowed as they may tear the equipment.
 - Non-marking tennis shoes
 - Shoes must be clean – we recommend a separate pair of tennis shoes be brought to the Fitness Center

Property Damage or Loss:

- The Lake Benton Fitness Center is not responsible for any property lost, stolen, or damages while you are using the facility.

Use of Equipment:

- You promise to use the equipment as it is intended and instructed. If you misuse the equipment and damage it, you will be responsible for the cost to repair it.

When Equipment Malfunctions:

- If a piece of equipment is malfunctioning, please put an available “out of order” sign on it and do not attempt to fix it yourself.

Penalties for Breaking Rules:

- Membership will be canceled and no refunds will be issued.

Beverages:

- Water is allowed in the Fitness Center. No other food or beverages will be allowed.

Radios and Walkmans:

- Allowed with a headset feature.

Questions and Concerns:

Any questions or concerns concerning equipment or procedures, please contact the school office at 507-368-4235.

In the event of an emergency please call 911.